

# WHO - ICDS (SNP) Optimization Tool

## Morning Snack & Hot Cooked Meal

Q Search...

Optimization for Supplementary Nutrition ( ICDS Scheme )

Select State

STATE : Andhra Pradesh

Optimization for :

Take Home Ration

Morning Snack & Hot Cooked Meal

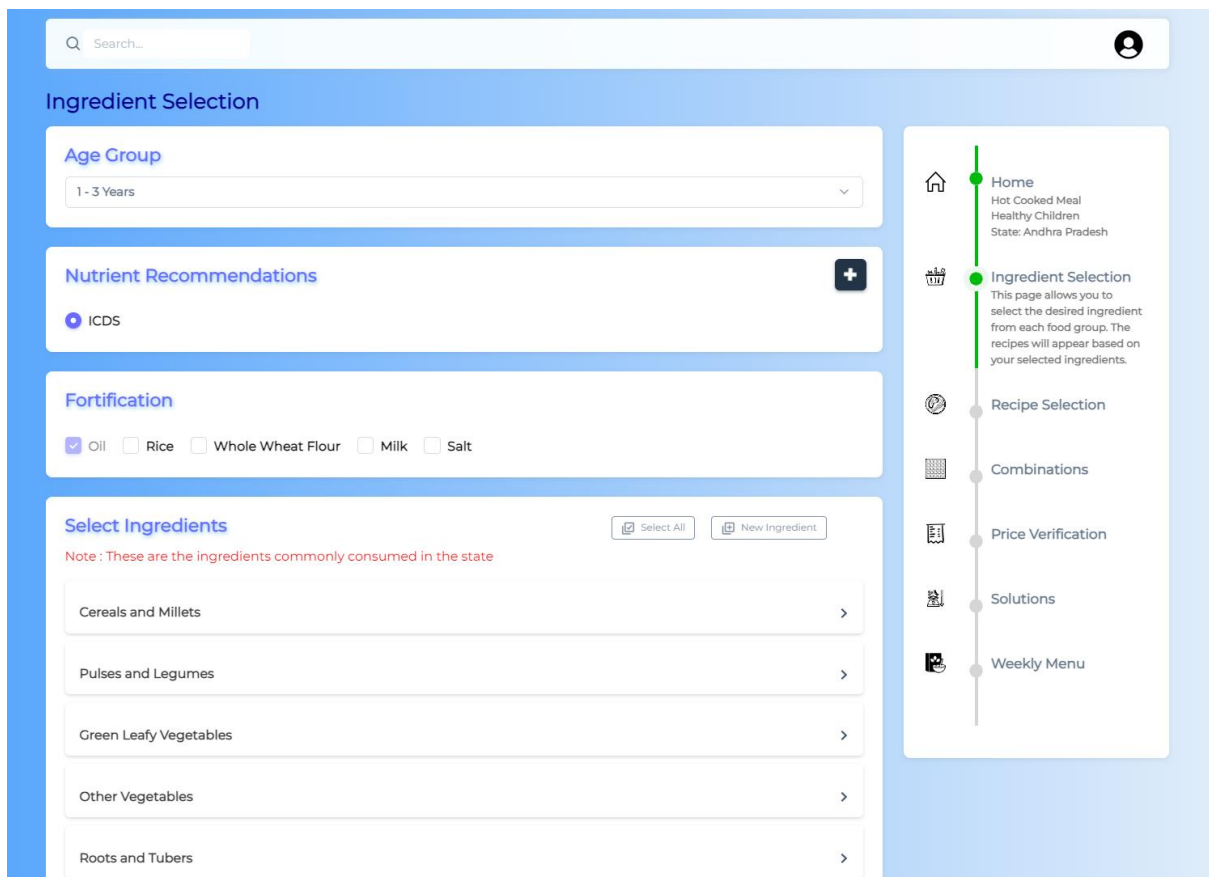
SAM (Severe Acute Malnutrition) Children

NEXT

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Documentation User Manual

- **Select state:** Select the state from the drop-down menu for which you want to design optimized solutions.
- **Optimization for:** Select the type of supplementary nutrition, either ‘Take Home Ration’ or ‘Morning Snack & Hot Cooked Meal’, you want to design optimized solutions for. Hot Cooked Meal refers to freshly prepared food provided to beneficiaries for consumption within the Anganwadi premises.
- Tick the designated box if you wish to optimize for Severely Acute Malnourished (SAM) children.



- **Age Group:** Select the age-group from the drop-down menu for which you want optimized solutions. The list includes beneficiaries mandated to receive Supplementary Nutrition under the ICDS.
- **Nutrient Recommendations:** The nutrient recommendations mandated under the ICDS will be selected by default. If you wish to create custom nutrient recommendations, click on the '+' symbol in the top right corner. This provision is only available for logged-in users.
- **Fortification:** Select the fortified food items that you wish to include.
- **Select Ingredients:** The list includes ingredients commonly consumed in the chosen state. Choose the ingredients you wish to include in the optimization process. It is encouraged to choose a wide variety of ingredients from each of the food groups listed. The option to 'select all' has been provided overall and specifically for each food group. In case you wish to include an ingredient not covered in the list provided, select the option titled 'New Ingredient' in the top right corner. This provision is only available for logged-in users.

- **Recipe Selection:** The recipes displayed here for both Hot Cooked Meals and Morning Snacks are derived from the ingredients previously chosen. Select the recipes you wish to be considered by the optimization tool. In case you wish to include a recipe, which is not covered in the list provided, select the option titled ‘New Recipe’ in the top right corner. This provision is only available for logged-in users.
- **Frequently Selected Additional Foods:** Select additional foods you might want to include in the optimization process.
- **Are there foods which you compulsorily want to provide in the hot cooked meals? :** Select one or more foods from the given list of nutrient-dense food items. These will mandatorily be a part of your results.

## Recipe Combination Selection

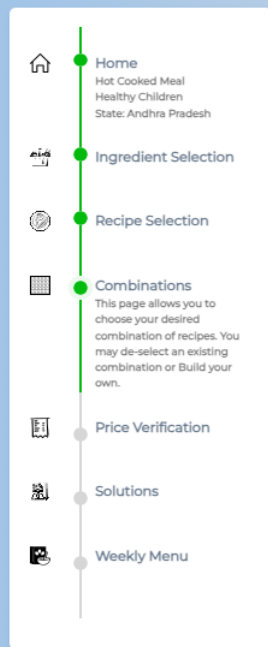
### Recipe Combinations ?








Note: Kindly de-select if any of the combinations are not preferred

 New Combination

#### Hot Cooked Meals

| STAPLE / COMPOSITE DISHES | DAL / OTHER GRAVIES | SELECTION                           |
|---------------------------|---------------------|-------------------------------------|
| Khichdi_pongali           | Sambar              | <input checked="" type="checkbox"/> |
| Khichdi_pongali           | None                | <input checked="" type="checkbox"/> |
| Pulihora                  | None                | <input checked="" type="checkbox"/> |
| Steamed_rice              | Egg_pulusu          | <input checked="" type="checkbox"/> |
| Steamed_rice              | Egg_mulkkada_curry  | <input checked="" type="checkbox"/> |
| Steamed_rice              | Bengal_gram_dal     | <input checked="" type="checkbox"/> |
| Steamed_rice              | Sambar              | <input checked="" type="checkbox"/> |
| Steamed_rice              | Pepper_rasam        | <input checked="" type="checkbox"/> |
| Steamed_rice              | Vegetable_sambar    | <input checked="" type="checkbox"/> |
| Steamed_rice              | Tomato_dal          | <input checked="" type="checkbox"/> |
| Steamed_rice              | Spinach_curry       | <input checked="" type="checkbox"/> |
| Steamed_rice              | Sirikuraku          | <input checked="" type="checkbox"/> |
| Steamed_rice              | Egg_curry           | <input checked="" type="checkbox"/> |
| Steamed_rice              | Ladiesfinger_curry  | <input checked="" type="checkbox"/> |
| Steamed_rice              | Ridgegourd_dal      | <input checked="" type="checkbox"/> |
| Steamed_rice              | Red_gram_dal        | <input checked="" type="checkbox"/> |



-  Home  
Hot Cooked Meal  
Healthy Children  
State: Andhra Pradesh
-  Ingredient Selection
-  Recipe Selection
-  Combinations  
This page allows you to choose your desired combination of recipes. You may de-select an existing combination or Build your own.
-  Price Verification
-  Solutions
-  Weekly Menu

- **Recipe Combinations:** The combinations displayed here for both Hot Cooked Meals and Morning Snacks are derived from the recipes previously chosen. De-select the combinations you do not wish to be considered by the optimization tool. In case you wish to include and save a new combination in the database, select the option titled 'New Combination' in the top right corner. This provision is only available for logged-in users.

### Custom Combinations ?

Note : These combinations may or may not appear in your results

Hot Cooked Meals >

Morning Snacks >

Clear All Custom Combinations

Would you like to have a side dish ?

These are the side dishes which may or may not be considered [ Bitter\_gourd\_curry , Carrot\_fry , Cauliflower\_curry , Ladiesfinger\_curry , Pepper\_rasam , Potato\_curry , Rasam , Sirikurakuu , Spinach\_curry ]

Yes  No

NEXT

- **Custom Combinations:** If you wish to include a new combination for the current optimization cycle, choose from the options available in the drop-down menu and click on 'Add.' This combination will not be saved for future optimization cycles.
- **Would you like to have a side-dish? :** Select 'yes' if you wish to include a side-dish in addition to a staple and a main dish in the final optimized solution.

**Price Verification**

Note : Kindly check and modify prices if required. Add subsidised costs wherever applicable Cost Editor

- Cereals and Millets >
- Pulses and Legumes >
- Green Leafy Vegetables >
- Other Vegetables >
- Roots and Tubers >
- Fruits >
- Egg >
- Milk and Milk Based Products >
- Nuts and Dry Fruits >
- Edible Oils and Fats >
- Condiments and Spices >
- Sugars >
- Miscellaneous Foods >

**Navigation:**

- Home  
Hot Cooked Meal  
Healthy Children  
State: Andhra Pradesh
- Ingredient Selection
- Recipe Selection
- Combinations
- Price Verification**  
This page allows you to verify the prices based on the current market-price. you can add the subsidized costs wherever applicable.
- Solutions
- Weekly Menu

**NEXT**

- **Price Verification:** Thoroughly verify the prices of ingredients. In the event of any discrepancy, edit the price if required. In case you wish to edit and save the price in the database, select the option titled 'Cost Editor' in the top right corner. This provision is only available for logged-in users.

## Recipe Solutions

### Build your 6-day cyclic menu

Half Egg in Curry   Whole Egg in Curry   Steamed rice   Pulihora   Vegetable rice  
Khichdi pongal   Tomato rice   Vegetable daliya

|                     |          |
|---------------------|----------|
| ☺ Steamed rice      | 1.0 BOWL |
| ☺ Egg curry         | 0.5 BOWL |
| ☺ Groundnut chikki  | 1.0 NO.  |
| ☺ Groundnut chutney | 1.4 TBSP |

₹ 7.76

+

|                     |          |
|---------------------|----------|
| ☺ Steamed rice      | 1.0 BOWL |
| ☺ Egg curry         | 0.5 BOWL |
| ☺ Rasam             | 0.2 BOWL |
| ☺ Groundnut chikki  | 1.0 NO.  |
| ☺ Groundnut chutney | 1.3 TBSP |

₹ 8.27

+

|                      |          |
|----------------------|----------|
| ☺ Steamed rice       | 1.0 BOWL |
| ☺ Egg curry          | 0.5 BOWL |
| ☺ Bitter gourd curry | 0.2 BOWL |
| ☺ Groundnut chikki   | 1.0 NO.  |
| ☺ Groundnut chutney  | 0.5 TBSP |

₹ 8.27

+

|                     |          |
|---------------------|----------|
| ☺ Steamed rice      | 1.0 BOWL |
| ☺ Egg pulusu        | 0.5 BOWL |
| ☺ Groundnut chikki  | 1.0 NO.  |
| ☺ Groundnut chutney | 1.3 TBSP |

₹ 8.35

+

### Customized Menu (0/6)

NEXT

#### Icon Description

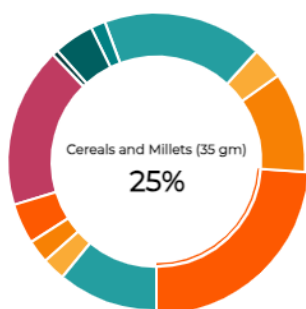
- ☺ Main Meal
- ☺ Snacks
- ☺ Additional Food
- ☺ Compulsory Food

#### Unit Description

- 1 Bowl = 200ml
- 1 Tbsp = 15ml
- 1 Tsp = 5ml
- 1 Glass = 150ml

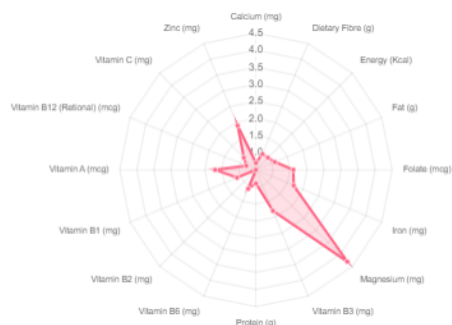
- **Build your 6-day cyclic menu:** To build your final cyclic menu, toggle between the staples and add menu cards after verifying the total cost of the same. You can add a maximum of six menu cards.

### Food Group Composition



The Pie chart depicts the average Intake percentage of each food group. For example: If the value for cereals is 35, then it implies that average cereal intake is 35% of your total intake.

### Intake Requirement Ratio



The Radar chart depicts the ratio between your average intake and requirement. For example: If your energy ratio is 1.5:1, then it implies that your average consumption is 1.5 times of your requirement.

Your current cost is out of the budget! (₹8/Day)

### Cost Calculation

| PER DAY (AVERAGE) | PER WEEK (6 DAYS) | PER MONTH (25 DAYS) | PER YEAR (300 DAYS) |
|-------------------|-------------------|---------------------|---------------------|
| ₹ 8.2             | ₹ 49.4            | ₹ 205.7             | ₹ 2,468.5           |

### Weekly Budget

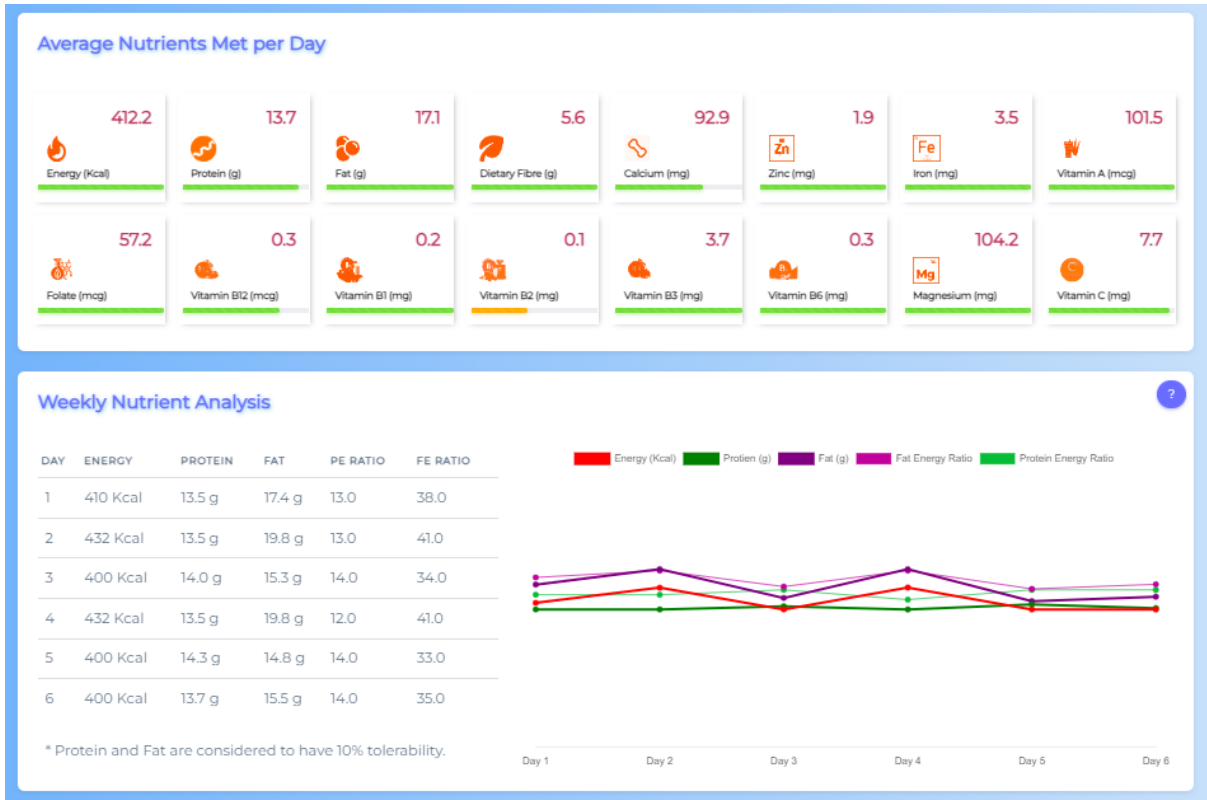
₹ 49.4  
Per Person

Try adding recipes like Curd , Groundnut\_chutney or Coriander\_chutney from additional foods to increase the intake of micronutrients. Try to select solutions which has recipes like Ragi\_malt , Curd or Boiled\_channa for increasing the calcium intake.

## Weekly Menu:

- **Food Group Composition:** The displayed pie-chart depicts the average intake percentage of each food group. Hovering over each segment will give you an idea about the percentage contribution of each food group.
- **Intake Requirement Ratio:** The displayed radar chart depicts the ratio between the average intake and requirement.
- **Cost Calculation:** The estimated costs on average per day, per week, per month and per year for each beneficiary have been listed.





- **Average Nutrients Met per Day:** The average nutrient intake per day is represented using three colors: green indicates meeting more than 60% of the recommended value, orange signifies meeting 30-60% of the recommended value, and red indicates less than 30% of the recommended value.
- **Weekly Nutrient Analysis:** Weekly nutrient analysis is depicted through a line chart, showcasing variations in macro-nutrient intake throughout the week, along with fat energy and protein energy ratios.

### 6-Day Cyclic Menu

| DAY | TYPE OF MEAL    | RECIPE NAME        | SERVING SIZE | COST/PORTION SIZE |
|-----|-----------------|--------------------|--------------|-------------------|
| 1   | Additional food | Groundnut chutney  | 1.4 Tbsp     | ₹ 1.8             |
| 1   | Main meal       | Steamed rice       | 1.0 Bowl     | ₹ 0.1             |
| 1   | Main meal       | Egg curry          | 0.5 Bowl     | ₹ 3.2             |
| 1   | Snacks          | Groundnut chikki   | 1.0 No.      | ₹ 2.6             |
| 2   | Additional food | Groundnut chutney  | 1.3 Tbsp     | ₹ 1.7             |
| 2   | Main meal       | Steamed rice       | 1.0 Bowl     | ₹ 0.1             |
| 2   | Main meal       | Egg curry          | 0.5 Bowl     | ₹ 3.2             |
| 2   | Main meal       | Rasam              | 0.3 Bowl     | ₹ 0.6             |
| 2   | Snacks          | Groundnut chikki   | 1.0 No.      | ₹ 2.6             |
| 3   | Additional food | Groundnut chutney  | 0.6 Tbsp     | ₹ 0.7             |
| 3   | Main meal       | Steamed rice       | 1.0 Bowl     | ₹ 0.1             |
| 3   | Main meal       | Egg curry          | 0.5 Bowl     | ₹ 3.2             |
| 3   | Main meal       | Bitter gourd curry | 0.3 Bowl     | ₹ 1.6             |
| 3   | Snacks          | Groundnut chikki   | 1.0 No.      | ₹ 2.6             |
| 4   | Additional food | Groundnut chutney  | 1.3 Tbsp     | ₹ 1.7             |
| 4   | Main meal       | Steamed rice       | 1.0 Bowl     | ₹ 0.1             |
| 4   | Main meal       | Egg pulusu         | 0.5 Bowl     | ₹ 3.9             |
| 4   | Snacks          | Groundnut chikki   | 1.0 No.      | ₹ 2.6             |
| 5   | Main meal       | Steamed rice       | 1.0 Bowl     | ₹ 0.1             |
| 5   | Main meal       | Egg curry          | 0.5 Bowl     | ₹ 3.2             |
| 5   | Main meal       | Sirikurakuu        | 0.3 Bowl     | ₹ 2.4             |
| 5   | Snacks          | Groundnut chikki   | 1.0 No.      | ₹ 2.6             |
| 6   | Additional food | Groundnut chutney  | 0.6 Tbsp     | ₹ 0.8             |
| 6   | Main meal       | Steamed rice       | 1.0 Bowl     | ₹ 0.1             |
| 6   | Main meal       | Egg curry          | 0.5 Bowl     | ₹ 3.2             |
| 6   | Main meal       | Carrot fry         | 0.3 Bowl     | ₹ 1.6             |
| 6   | Snacks          | Groundnut chikki   | 1.0 No.      | ₹ 2.6             |

#### Additional Foods

This list includes frequently selected additional foods, fruits and accompaniments.

DAY:  FOOD:  +

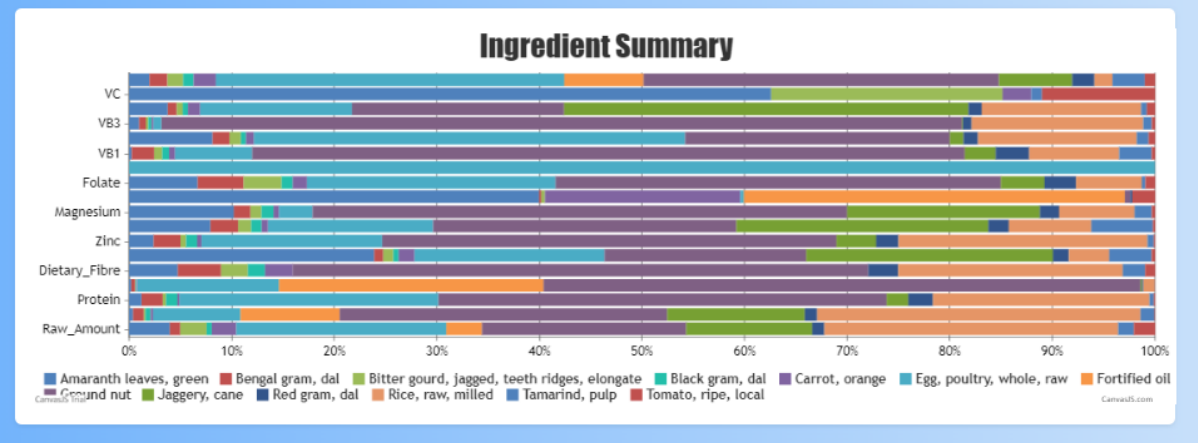
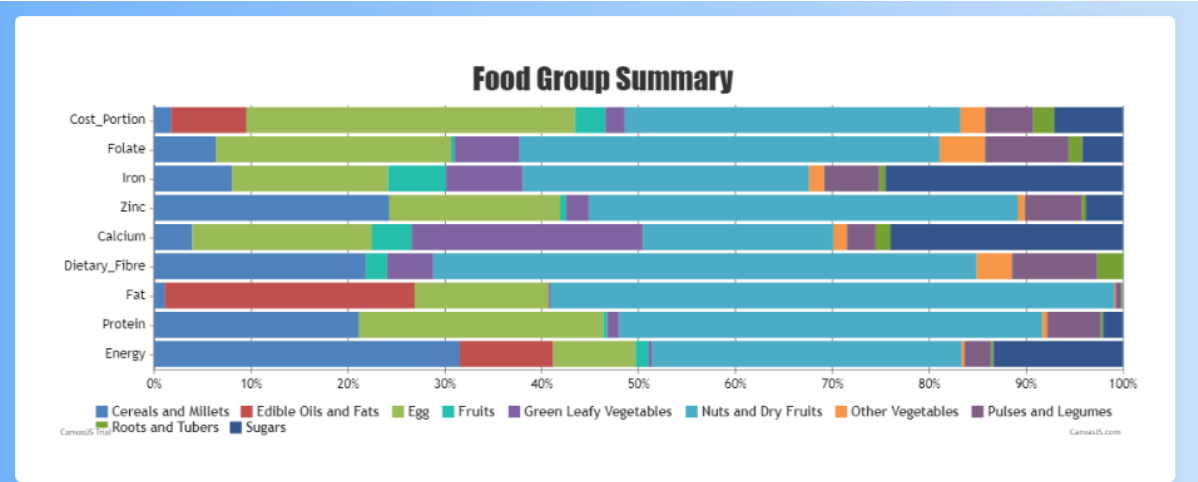
Clear All
Submit

#### Unit Description

- 1 Bowl = 200ml
- 1 Tbsp = 15ml
- 1 Tsp = 5ml
- 1 Glass = 150ml

- **6-Day Cyclic Menu:** Based on the cyclic menu built from the “Recipe Solutions” page, the 6-Day Cyclic Menu is provided.
- **Additional Foods:** The additional foods section allows users to include extra items like fruits and other accompaniments to enhance taste and combinations. All values are re-calculated based on the added food.

- **Advanced Results:** Advanced results, such as food group contributions towards nutrients and costs as well as food group-wise ingredient contributions, are displayed using stacked bar diagrams. These visualisations assist users in understanding which food groups contribute most to each nutrient and which ingredients contribute significantly to the cost.



- **Export:** An export option enables users to save a copy of the weekly menu, along with all other calculations, for future reference.

**HCM Report for 1 - 3 year-old children**  
**Anganwadi : Samridhi, Ernakulam, Andhra Pradesh**  
**No. of Beneficiaries : 25**  
**Date : 28-07-2023**

| RECIPE DETAILS |                 |                   |                      |      |                            |                                  |
|----------------|-----------------|-------------------|----------------------|------|----------------------------|----------------------------------|
| Day            | Type of Meal    | Recipe Name       | Minimum Serving Size | Unit | Cost per Beneficiary (Rs.) | Cost for all Beneficiaries (Rs.) |
| 1              | Additional food | Groundnut chutney | 1.4                  | Tbsp | 1.79                       | 44.8                             |
| 1              | Main meal       | Steamed rice      | 1.0                  | Bowl | 0.13                       | 3.3                              |
| 1              | Main meal       | Egg curry         | 0.5                  | Bowl | 3.21                       | 80.3                             |
| 1              | Snacks          | Groundnut chikki  | 1.0                  | No.  | 2.62                       | 65.5                             |
| 2              | Additional food | Groundnut chutney | 1.3                  | Tbsp | 1.69                       | 42.3                             |
| 2              | Main meal       | Steamed rice      | 1.0                  | Bowl | 0.13                       | 3.3                              |

# THR

Q Search...

Optimization for Supplementary Nutrition ( ICDS Scheme )

Select State

STATE : Andhra Pradesh

Optimization for :

Take Home Ration

Morning Snack & Hot Cooked Meal

SAM (Severe Acute Malnutrition) Children

NEXT

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Documentation User Manual

- **Select state:** Select the state from the drop-down menu for which you want to design optimized solutions.
- **Optimization for:** Select the type of supplementary nutrition, either ‘Take Home Ration’ or ‘Morning Snack & Hot Cooked meal, you want to design optimized solutions for. Take Home Ration can consist of whole foods, blended premixes and pre-cooked foods (Snacks).
- Tick the designated box if you wish to optimize for Severely Acute Malnourished children.

**Age Group Selection**

**Type of THR**  
Whole Foods

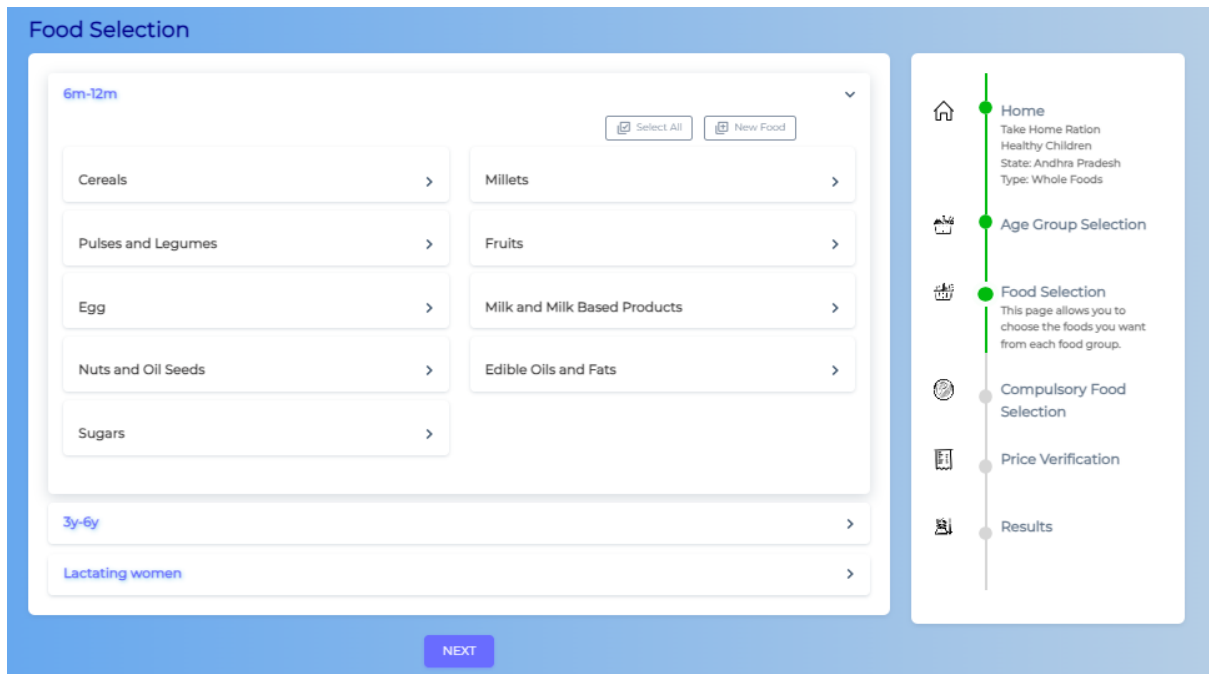
**Age Group**  
 6 Months - 12 Months  
 1 Year - 3 Years  
 3 Years - 6 Years  
 Pregnant Women  
 Lactating Women

**Nutrient Recommendations**  
 ICDS

**Progress Bar:**  
Home  
Take Home Ration  
Healthy Children  
State: Andhra Pradesh  
**Age Group Selection**  
This page allows you to select the type of provision and corresponding age groups.  
Food Selection  
Compulsory Food Selection  
Price Verification  
Results

**NEXT**

- **Type of THR:** The drop down consists of two types of THR, namely Whole Foods and Blended Premix. Depending on the type you choose, the model provides optimization results.
- **Age Group:** Select the age-group from the drop down menu for which you want optimized solutions. The list includes beneficiaries mandated to receive Supplementary Nutrition under the ICDS.
- **Nutrient Recommendations:** The nutrient recommendations mandated under the ICDS will be selected by default. If you wish to create custom nutrient recommendations, click on the '+' symbol in the top right corner. This provision is only available for logged-in users.



- **Food Selection:** The list includes ingredients commonly consumed. Choose the ingredients you wish to include in the optimization process. It is encouraged to choose a wide variety of ingredients from each of the food groups listed. The option to ‘Select All’ has been provided overall and specifically for each food group. In case you wish to include an ingredient not covered in the list provided, select the option titled ‘New Ingredient’ in the top right corner. This provision is only available for logged-in users.

### Please indicate the cereals and millets you want to compulsorily include

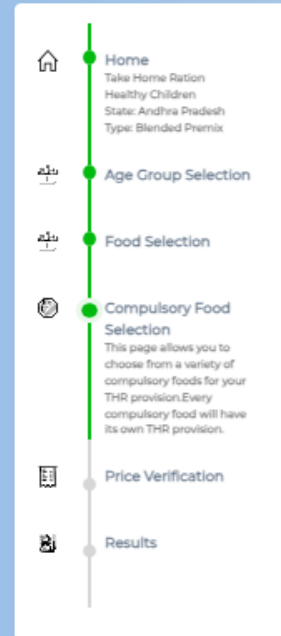
Note : Please select the compulsory foods to be provided in THIR provision. Every compulsory food will have its own THIR provision.

6m-12m Select All

| Millets                         | Cereals  |
|---------------------------------|--|
| <input type="checkbox"/> Bajra  | <input type="checkbox"/> Fortified_rice              |
| <input type="checkbox"/> Barley | <input type="checkbox"/> Fortified_whole_wheat_flour |
| <input type="checkbox"/> Jowar  | <input type="checkbox"/> Maize_dry                   |
| <input type="checkbox"/> Ragi   | <input type="checkbox"/> Rice_flakes                 |
| <input type="checkbox"/> Varagu | <input type="checkbox"/> Rice_parboiled_milled       |
|                                 | <input type="checkbox"/> Rice_puffed                 |
|                                 | <input type="checkbox"/> Rice_raw_brown              |
|                                 | <input type="checkbox"/> Rice_raw_milled             |
|                                 | <input type="checkbox"/> Samai                       |
|                                 | <input type="checkbox"/> Wheat_bulgur                |
|                                 | <input type="checkbox"/> Wheat_flour_atta            |
|                                 | <input type="checkbox"/> Wheat_semolina              |
|                                 | <input type="checkbox"/> Wheat_vermicelli_roasted    |
|                                 | <input type="checkbox"/> Wheat_whole                 |

3y-6y >

Lactating women >



### Please mention the range for the quantity of Milk Powder

| Age Group       | Minimum (gm)                   | Maximum (gm)                   |
|-----------------|--------------------------------|--------------------------------|
| 6m-12m          | <input type="text" value="5"/> | <input type="text" value="5"/> |
| 3y-6y           | <input type="text" value="5"/> | <input type="text" value="5"/> |
| Lactating women | <input type="text" value="5"/> | <input type="text" value="5"/> |

Kindly input the minimum and maximum quantities (in grams) of milk powder. In the case of a fixed value, please enter the same value for both the minimum and maximum fields.

NEXT

- **Please indicate the cereals and millets you want to compulsorily include:** For the age groups selected, choose cereals or millets that must appear in your optimized results. For each cereal or millet chosen, unique solutions will be obtained.
- **Please mention the range for the quantity of Milk Powder:** If Milk Powder has been selected as an ingredient, users are requested to specify the minimum and maximum quantities for each beneficiary selected.



## Price Verification

Note : Kindly check and modify prices if required. Add subsidised costs wherever applicable.

Cost Editor

Cereals >

Millets >

Pulses and Legumes >

Fruits >

Egg >

Milk and Milk Based Products >

Nuts and Oil Seeds >

Edible Oils and Fats >

Sugars >

NEXT



- **Price Verification:** Thoroughly verify the prices of ingredients. In the event of any discrepancy, edit the price if required. These prices will be used to calculate the cost of each dish. In case you wish to edit and save the price in the database, select the option titled 'Cost Editor' in the top right corner. This provision is only available for logged-in users.

**Infeasible!**



The solutions for the following age-groups were found to be infeasible based on the selections made:

- **6 - 12 month-old children**

This is attributed to the food combinations selected, which may not adequately fulfil the nutrient requirements for these specific age groups. We kindly suggest trying different food combinations to address this issue.

- Consider incorporating a greater variety of cereals, millets, pulses, and oils in your selection.
- Additionally, we recommend including foods rich in fat and protein.

Please navigate back to the food selection page and choose a few more food items to achieve an optimal solution that meets the requirements for these age groups.

- **Infeasible Solution:** The infeasible disclaimer indicates that the chosen ingredients are not enough to meet the recommended ICDS nutrient guidelines. Recommendations to alter the chosen ingredients such as incorporating a greater variety, adding foods rich in fat and protein have been stated.

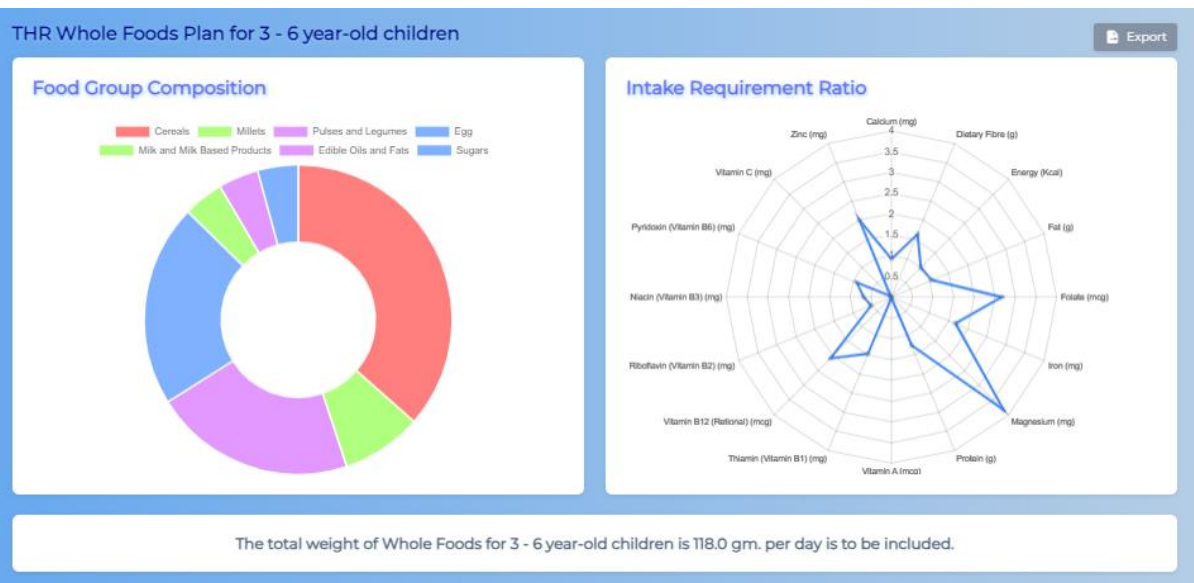
### Whole Foods Solution

General

### Blended Premix Solution

General
  Bajra
  Barley
  Jowar
  Ragi
  Varagu
  Fortified\_rice
  Fortified\_whole\_wheat\_flour
  Maize\_dry
  Rice\_flakes
  Rice\_parboiled\_milled
  Rice\_puffed
  Rice\_raw\_brown
  Rice\_raw\_milled
  Samai
  Wheat\_bulgur
  Wheat\_flour\_atta
  Wheat\_semolina
  Wheat\_vermicelli\_roasted
  Wheat\_whole

- **Whole Foods Solution/Blended Premix Solution:** By selecting a beneficiary, optimized THR results are obtained for the type of THR chosen.
- **General:** The “General” option provides the user with solutions in accordance with all the ingredients chosen, while the subsequent ingredients (eg: Bajra, Barley, Jowar etc) provide solutions with cereals or millets that have been required to appear compulsorily. Thus, those solutions will have a THR provision specific to the staple chosen by the user.



- **Food group composition:** The displayed pie-chart depicts the average intake percentage of each food group. Hovering over each segment will give you an idea of the percentage contribution of each food group.
- **Intake Requirement Ratio:** The displayed radar chart depicts the ratio between the average intake and requirement.

### Packet Details per Day

| FOOD NAME          | QUANTITY (GM) | COST FOR QUANTITY | COST PER KG |
|--------------------|---------------|-------------------|-------------|
| Wheat_whole        | 43.0          | 0.09              | 2.0         |
| Bajra              | 10.0          | 0.30              | 30.0        |
| Soybean_brown      | 25.0          | 0.72              | 30.0        |
| Egg_duck_whole_raw | 25.0          | 2.00              | 80.0        |
| Whole_milk_powder  | 5.0           | 1.85              | 370.0       |
| Oil                | 5.0           | 0.90              | 180.0       |
| Sugar              | 5.0           | 0.20              | 40.0        |
| <b>Total</b>       | <b>118.0</b>  | <b>6.06</b>       |             |

### Cost Calculation

| PER DAY(AVERAGE) | PER WEEK (6 DAYS) | PER MONTH (25 DAYS) | PER YEAR (300 DAYS) |
|------------------|-------------------|---------------------|---------------------|
| ₹ 6.06           | ₹ 36.3            | ₹ 151.4             | ₹ 1,816.7           |

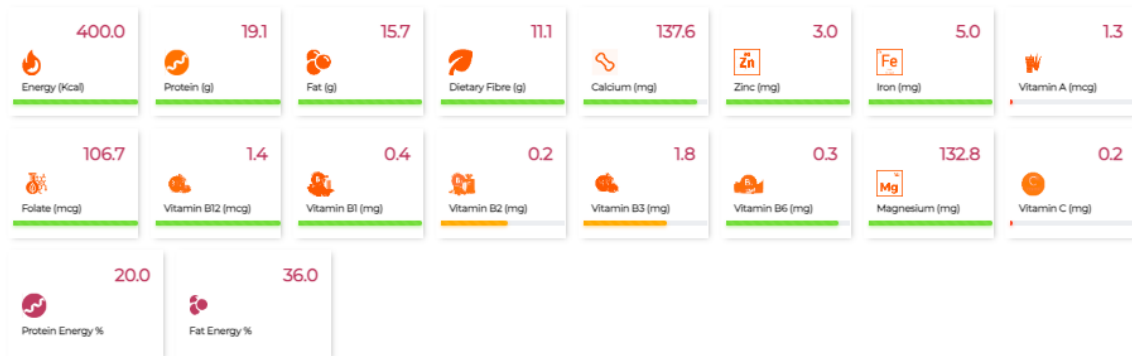
Optimal Budget

**₹ 6.06**

per 3 - 6 year-old children per day.

- **Packet Details per Day:** Packet Details per Day provides a list of ingredients along with the cost required for the THR provision.
- **Cost Calculation:** The estimated costs, on average, per day, per week, per month, and per year for each beneficiary have been listed.


### Average Nutrients Met per Day



\* Protein and Fat are considered to have 10% tolerability.

- **Average Nutrients per Day:** The average nutrients met per day have been given in 3 different colors where, green indicates more than 80% met, orange indicates 50-80% met, and red indicates less than 50% met.

- **Export:** The export option allows the user to save the optimization results as a PDF.

 Export

### Generate Report

Please Enter the following Details.

**THR Report for 3 - 6 year-old children**  
**Anganwadi : Samridhi, Ernakulam, Andhra Pradesh**  
**No. of Beneficiaries : 25**  
**Date : 28-07-2023**

| THR Food Composition |                                     |                                  |  |
|----------------------|-------------------------------------|----------------------------------|--|
| Food Name            | Quantity per Beneficiary / Day (gm) | Cost per Beneficiary / Day (Rs.) | Cost for all Beneficiaries / Day (Rs.) |
| Wheat_whole          | 43.0                                | 0.09                             | 2.3                                    |
| Bajra                | 10.0                                | 0.30                             | 7.5                                    |
| Soybean_brown        | 25.0                                | 0.72                             | 18.0                                   |
| Egg_duck_whole_raw   | 25.0                                | 2.00                             | 50.0                                   |
| Whole_milk_powder    | 5.0                                 | 1.85                             | 46.3                                   |
| Oil                  | 5.0                                 | 0.90                             | 22.5                                   |
| Sugar                | 5.0                                 | 0.20                             | 5.0                                    |

**Total Cost per Beneficiary / Day (Rs.)                      6.06**  
**Total Cost for all Beneficiaries / Day (Rs.)                      151.50**